

# Take Action!

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## Implementation Task 8: Setting Your Personal Action Plan

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Review the following segment of Module 3:

◆ *Setting Your Personal Action Plan*

*Then for each goal you identified in Implementation Task 5, determine what actions must be taken to achieve the goal, when you want to achieve it, obstacles you might face in trying to achieve it, and how you will overcome each obstacle.*

Goal:	
Steps to Achievement: 1. 2. 3. 4. 5.	
Potential Obstacles:	Overcoming Obstacles:

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## ***Notes***