

Take Action!

Implementation Task 7: Identifying Your Personal Objectives and Goals

Review the following segment of Module 3:

- ◆ *Defining Your Personal Objectives*
- ◆ *Defining Your Personal Goals*

Then for each of your critical spheres of life identify the objectives and goals it will take to accomplish your mission and live a truly successful life.

Example:

Critical Sphere	<i>Family</i>
Objective:	<i>Build a stronger relationship with my kids.</i>
Goals:	<i>1. Spend at least one hour each day in some activity with my kids. 2. Find something to praise about each child every day. 3. Take my kids on an all day family outing once a month.</i>

Critical Sphere 1	
Objective:	
Goals:	1. 2. 3. 4.

Critical Sphere 2	
Objective:	
Goals:	1. 2. 3. 4.

Critical Sphere 3	
Objective:	
Goals:	<ol style="list-style-type: none">1.2.3.4.

Critical Sphere 4	
Objective:	
Goals:	<ol style="list-style-type: none">1.2.3.4.

Critical Sphere 5	
Objective:	
Goals:	<ol style="list-style-type: none">1.2.3.4.

Critical Sphere 6	
Objective:	
Goals:	<ol style="list-style-type: none">1.2.3.4.